



Virtual Mobility: Literature Review on Older Workers Inequalities Caused by Digitalization

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Main activities performed

In this research, we undertook an in-depth exploration of the methodology for conducting a scoping review, drawing from influential sources in the field. Key references included Arksey and O'Malley's 2005 work, "Scoping studies: towards a methodological framework," published in the *International Journal of Social Research Methodology*, and Tricco et al.'s 2018 article, "PRISMA Extension for Scoping Reviews (PRISMA-ScR): Checklist and Explanation," in the *Annals of Internal Medicine*. These foundational pieces provided a comprehensive methodological framework and a detailed checklist, respectively, guiding the structure of our scoping review.

"Proper methodology is a base of excellent research"